

State Employee Financial Wellness Program



SEPTEMBER 2025



The 2025 Giving Season is Almost Here!

The Commonwealth of Virginia
Campaign (CVC) is excited to
announce the upcoming launch of its
28th annual giving season! This
year's campaign officially kicks off on
October 1st, 2025.

We're thrilled to share that over 700 charities have been approved to participate in the 2025 campaign cycle. This means even more opportunities for you to support causes you care about.

As the campaign approaches, please consider donating to help us make a difference in our communities.

Learn More About the CVC!



Money Mindfulness

Most of us deal with financial stress from time to time. This three-minute video outlines how practicing money mindfulness can help ease your fears and make financial decisions with more clarity.

To watch, <u>log into myVRS and</u> choose Financial Wellness.

Quote

"The trouble with retirement is that you never get a day off." - Abe Lemons All About That Money
Tuesdays

Aligning Your Money & Values

Join us Tuesday, September
9th at 12 p.m., and discover
how to align your financial
choices with what matters the
most to you. In this session,
you'll learn practical
strategies to create a money
plan that reflects your values
and supports your financial
goals.

To register for this live event, please click this <u>link</u> or scan the QR code below.



Virginia Employee Discount Marketplace

Falls savings you can't miss! Step into Fall with exclusive back-toschool savings this September. Enjoy unbeatable seasonal deals on everything from health to travel essentials.

Access Your Employee Discounts at the link below or scan the QR code!

https://commonwealthofvirginia.savings.workingadvantage.com/home

Scan the QR Code to Visit the COV Employee Discounts Marketplace:



EMPLOYEE ASSISTANCE PROGRAM

All health plans offered to state employees and their dependents have employee assistance programs (EAPs). Included are up to four sessions at no charge for such services as mental health, alcohol or drug abuse assessment, child or elder care, grief counseling and legal or financial services.

Learn More Here

Public Service Loan Forgiveness (PSLF)

Public Service Loan Forgiveness Program (PSLF). State employees may be eligible for the federal government's Public Service Loan Forgiveness Program. Keep reading to see whether you might qualify.

The PSLF Program forgives the remaining balance on your Direct Student Loans after you have made 120 qualifying monthly payments under a qualifying repayment plan while working full-time for a qualifying employer.

Please direct your questions to the federal program site. Click here to learn more.

Virginia Department of Treasury's Unclaimed Property Division

Have you checked to see if you're missing out on money? TRS offers a user friendly website and the secure document upload feature, making claiming your funds quicker than ever before! Unclaimed property can include dormant bank accounts, uncashed checks, stocks and dividends, insurance proceeds, refunds, and more. Visit the free search site to check your name and start the claims process.

Search for Missing Money! https://vamoneysearch.gov/

Virginia State Employee Assistance Fund (VSEAF)

The Virginia State Employee Assistance Fund provides grants to eligible state employees suffering from a financial crisis or an unplanned emergency/or unplanned event that impacts the employee or family members living in the residence of the employee. The VSEAF is a recognized 501c(3) charity member of the Commonwealth of Virginia Campaign (CVC), Code 203040.

See If You Qualify!



VACU's BANZAI. September's rewards bundle focuses on Savings /Investing. As you progress through the activities for the month of September, you will have the chance to win cash and other giveaways. Most importantly, we aim to provide you with the peace of mind that comes with financial literacy and preparedness.

Proceed to the link below to learn more:

Banzai-September Financial Wellness Activity

Banzai Winners for August!

- Madison Hommey, Longwood University
- Megan Huddleston, Blue Ridge Community College
- · Kevin Toms, Dept. of Motor Vehicles
- Jennifer Guiliano, Office of the Attorney General
- Kimberly Ampy, Virginia Department of Transportation

Each completed the necessary courses and passed their quiz. Drawing winners received a \$100 Amazon Gift Card, sponsored by the Virginia Credit Union (VACU).



