



State Employee Financial Wellness Program



Campaign Wrap Up & Giving Tuesday!

Giving Tuesday is a global day of generosity that encourages people everywhere to do good. This year, on **December 2**, we invite you to take part by supporting the 2025 Commonwealth of Virginia Campaign (CVC). What better way to celebrate than by making a donation to one of the 712 charities through the CVC? Your gift, no matter the size, helps strengthen our communities and uplift those in need. explore giving options, view the list of approved charities, and learn how to track volunteer hours with your favorite organizations!

[**Click Here to Make an Impact!**](#)

DECEMBER 2025



Virginia Retirement System®

Pet Insurance 101:

After one or two emergency vet bills, you may be weighing the benefits of health care coverage for the family pet. [Find out what pet insurance typically covers](#) and what questions to ask to see if it's a good fit for your furry friend. Log in to your [myVRS account](#) and select **Financial Wellness**.

VOYA

2026 Cost of Living Adjustments Announced

The cost of living dollar amounts for retirement plans, health account solutions, and the taxable wage base have been published for 2026. Please refer to your account for more information.

All About That Money Tuesdays

Sticking to a holiday budget!

Join VACU on **Tuesday, December 9th** at **12 p.m.**, for a live webinar catered just for you! We know celebrating the holidays comes with a hefty bill. This seminar teaches you how to avoid the financial hangover with intelligent planning, cost management, and organization.

[**Register Here Now!**](#)

Sticking to a Holiday Budget



Celebrate the Holidays with Exclusive Savings! From holiday shopping and travel to new local deals on groceries, sports tickets, restaurants, and everyday essentials, Commonwealth of Virginia Discount Marketplace helps you save more on what matters most.

Access Your Employee Discounts at the link below or scan the QR code!

<https://commonwealthofvirginia.savings.workingadvantage.com/home>

Scan the QR Code to Visit the COV Employee Discounts Marketplace:



EMPLOYEE ASSISTANCE PROGRAM

All health plans offered to state employees and their dependents have employee assistance programs (EAPs).

Included are up to four sessions at no charge for such services as mental health, alcohol or drug abuse assessment, child or elder care, grief counseling and legal or financial services.

[Learn More Here](#)

Public Service Loan Forgiveness (PSLF)

Public Service Loan Forgiveness Program (PSLF). State employees may be eligible for the federal government's Public Service Loan Forgiveness Program. Keep reading to see whether you might qualify.

The PSLF Program forgives the remaining balance on your Direct Student Loans after you have made 120 qualifying monthly payments under a qualifying repayment plan while working full-time for a qualifying employer.

Please direct your questions to the federal program site. [Click here](#) to learn more.

Virginia Department of Treasury's Unclaimed Property Division

Have you checked to see if you're missing out on money? TRS offers a user friendly website and the secure document upload feature, making claiming your funds quicker than ever before! Unclaimed property can include dormant bank accounts, uncashed checks, stocks and dividends, insurance proceeds, refunds, and more. Visit the free search site to check your name and start the claims process.

Search for Missing Money!
<https://vamoneysearch.gov/>

Virginia State Employee Assistance Fund (VSEAF)

The Virginia State Employee Assistance Fund provides grants to eligible state employees suffering from a financial crisis or an unplanned emergency/or unplanned event that impacts the employee or family members living in the residence of the employee. The VSEAF is a recognized 501c(3) charity member of the Commonwealth of Virginia Campaign (CVC), Code 203040.

[See If You Qualify!](#)



BANZAI. December's rewards bundle focuses on **holiday budgeting**. As you progress through the activities for the month of December, you will have the chance to win cash and other giveaways. Most importantly, we aim to provide you with the peace of mind that comes with financial literacy and preparedness.

Proceed to the link below to learn more:

[Banzai-December Wellness Activity](#)

Drawing winners will receive a \$100 Amazon Gift Card, sponsored by the Virginia Credit Union (VACU).

